



Anderson Mill Limited District Personal Training Form

Personal Training

<u>30 min Sessions</u>		<u>1 hour Sessions</u>	
1 session	\$24	1 session	\$45
4 pack	\$86	4 pack	\$170
8 pack	\$172	8 pack	\$340

Semi-Personal Training (2 participants)

<u>30 min Sessions</u>		<u>1 hour Sessions</u>	
1 session	\$30	1 session	\$55
4 pack	\$110	4 pack	\$210
8 pack	\$220	8 pack	\$420

Applicant Information

Participant Names: _____
1st Participant (Payer)
2nd Participant

Address: _____
Street
City
Zip

Home Phone # _____ Cell Phone # _____

Lesson Information

Session Dates & Times: _____

Name of Personal Trainer: _____

- Sessions will not be scheduled without payment.
- Sessions must be booked with a minimum of 3 business days prior.
- If the session is not canceled in a minimum of 12 hours in advance, the session fee will be forfeited.
- There will be no make-ups or refunds for missed sessions unless canceled with an AMLD staff member or the Personal Trainer.
- If you wish to come to the pool to practice or play or stay after your scheduled session, you will need to pay the daily drop-in fees of \$5 for adults and \$3 for children 17 & under.
- There are no refunds for unused personal training sessions.

Be sure to read and sign below: I hereby agree to indemnify and hold harmless the Anderson Mill Limited District and its officers and employees from and against any and all liabilities for any injury which may be suffered by me or by my child arising out of or in any way connected with participation in the program noted above. In case of emergency, my child may be treated by a qualified first responder and/or a physician/EMS member. I give Anderson Mill Limited District the right to photograph and use the likeness of myself or my child.

 Signature Date _____

OFFICE USE ONLY

Receipt # _____ Permit # _____ Initials _____

Additional Lesson Dates

Lesson Dates & Times (During Open Hours ONLY): _____

Receipt # _____ Permit # _____ Initials _____

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